



Lunch at Relysh

Salads - Caesar Salad 18

With cos lettuce, bacon, croutons, parmesan cheese and a poached egg

Lamb Greek Salad 22

Mixed lettuce, olives, onion, eggplant, semi sun dried tomatoes, feta cheese, balsamic dressing with medium-rare backstrap

Thai Beef Salad 20

Marinated beef, bean shoots, coriander, carrot buttons, cucumber, avocado, Mixed lettuce, shallots with a nam jim dressing

Power Bowl 18

Cauliflower, broccoli, kale, pumpkin seeds, goji berries, shaved carrot and radish, fetta and lemon dressing

Focaccias - Chicken Focaccia 15

Sweet chilli chicken with spinach, roast pumpkin, Spanish onion and sour cream

Vegetarian Focaccia 15

Roasted eggplant, semi sun dried tomatoes, Spanish onion, spinach, saganaki with relish and aioli

Lamb Focaccia 16

Mediterranean lamb, roasted eggplant, Spanish onion, mixed lettuce, feta cheese and relish

BLAT 16

Bacon, lettuce, avocado and tomato with chips and aioli

Chicken Parma/Schnitzel 20

Chicken Parma/Schnitzel with chips and salad

Pork Belly 22.50

With apple and pear, coleslaw with honey and orange reduction

Seafood - Calamari 15

Salt and pepper calamari with chips and salad

Bagel 15

Smoked salmon, capers, Spanish onion, spinach and cream cheese spread

Beer Battered Fish 18

Fish with chips and salad

Grilled Salmon 22

Plus chips with salad and mango salsa

Fish Tacos 15

Fish with shredded Coz, jalapeno, avocado salsa and side salad



Sides

Wedges	10
Garlic Bread	8
Chips	8
Side Veggies	7
Side Salad	7

Kids' Meals

Chicken Tenders (with Chips and Sauce)	8.50
Kids' Parma or Schnitzel	8.50
Kids' Fish and Chips	7.50
Kids' Burger	7.50

DRINKS - NON ALCOHOLIC

HOT BEVERAGES

	Cup	Mug
Tea	English Breakfast, Early Grey, Herbal	3.80 (Pot)
Chai	Spice, Vanilla	3.90 4.20
Chocolate	With marshmallows	3.80 4.50
Coffee	Cappuccino	3.80 4.50
	Latte	3.80 4.50
	Flat White	3.80 4.50
	Mocha	4.00 4.20
	Long Black	3.20
	Short Black	2.60
Babycino		1.00
SENIORS	Chocolate, Cappuccino, Latte, Flat White	3.70 3.90
	<i>Decaf Coffee 50c extra</i>	<i>Soy 50c extra</i>

COLD BEVERAGES

	Glass	Bottle
Postmix	Pepsi, Pepsi max, Lemonade	3.80 9.60 (Jug)
Soft drinks	Sunkist, Solo, Raspberry	3.80 9.60 (Jug)
Milkshakes	Vanilla, Strawberry, Chocolate	6.00
	Caramel, Banana, Blue Heaven, Lime	
Spiders	Vanilla, Strawberry, Chocolate	5.50
	Caramel, Banana, Blue Heaven, Lime	
Juice	Orange or Apple (* Kids only)	*2.00 3.60
Sparkling Mineral Water		3.50
Spring Water		2.80
Iced Coffee or Chocolate		6.00
Iced Tea		3.80
Agrum		3.80